

LOVE LETTERS



TO  
GOD

I AM that I AM

Gayle Gregory



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## IN GRATITUDE

*To Kenny...his gift to me of his unquestioning love has allowed me to open to God's possibility. His illness has pushed us both into full acceptance of life and death. Buried within the lessons was the most amazing love that can only be found when all the mind's desires and hopes, wants and needs are given back in surrender to this precious moment. My dearest, I am so blessed to have you in my life.*

Gayle Gregory began writing these poems, or rather they began to be written through her, while attending spiritual intensives with her teacher, Elle Collier Re. This sequel to “Love Letter to God, All That I Am”, consists of writings from December 2007 to early 2009. Beyond the YES, all that survives is Love. The expansion continues. There is no finish line, at least none that is recognized.

## THE PRODIGAL

Prodigal child no more  
The path of return  
Complete in it's perfection

Gleaming light you homing beacon  
Your job complete, your work done  
No ability, no reason to resist any longer

Called back to origin  
Home at last in full belonging  
No longer lost, no longer alone

Welcomed with joy, heralded in love  
Cocoon wrapped YES,  
resurrected blessed awareness  
How sweet to surrender and fall into God

## ABSOLUTION

Wave crashing into shore's embrace  
Eroding everything in its path  
Nothing left in wave's wake  
All returned to ocean's wisdom.

Time has no meaning, no depth  
Wave's touch complete and final  
What is undone impossible to undo  
Knowing, one can never unknow.

Taken apart stone by stone  
Turned into sand, blown into dust  
Washed back, washed through  
Diluted, dissolved in absolution.

Returned, renewed, refreshed  
Reborn in the purity of Light  
Cleansed of the fantasy of separation  
Awash with the breath of God.

## THE RAZOR'S EDGE

Life is lived  
 Upon the razor's edge  
 No past  
 No future  
 Not even thought  
 About the present

All else is fabrication  
 Empty of reality  
 Mind's fantasy  
 Unsatisfying and absent  
 Filled with ache

This razor thin edge  
 Houses God  
 And all that is

Choose to live Here  
 Embrace the mystery  
 Called this moment of Now  
 And flow effortlessly  
 Into the silent grace

Meaningless to mind  
 Yet filled with a universe of meaning  
 The knowledge of which  
 Lies hidden  
 Until at last  
 No ground  
 Except the razor's edge remains

## LIFE AS POETRY

Life as poetry  
Possibility abounds  
Breathing gratitude  
In childlike awe  
Love inspired  
To play  
To sing  
To dance  
Yes my God  
Your revelation  
Yes and Yes  
And YES  
Fully given  
To all that is  
To Here  
To Now  
Willing to  
Settle deeply into  
God's mantle  
Of luxurious Grace

## GOD'S GARDEN

All around you!  
Do you see them?  
Radiant blossoms  
Perfection abounds  
Look!  
Can you see?  
Last night  
While we slept  
We were dropped  
Right in the middle  
Of God's awe-mazing  
Garden!

## LOTUS

The lotus opens  
 Last petal unfolds  
 In absolute surrender  
 Basking in the Sun  
 Fulfilled with Purpose  
 It's beauty present  
 The hurry past  
 Merged into yellow  
 Bright and vibrant  
 This beingness of color  
 At last born in fullness  
 Desires fled  
 Naught but flower  
 Remains  
 Seed, root, shoot  
 Blossom, flower, seed  
 In full bloom  
 Or sweet decay  
 Open  
 Closed  
 A lotus all in all  
 Full potential  
 In every season  
 Nothing to do  
 Just BE  
 What always IS!

## BOWED

Life as prayer  
No meditator  
Thought-less  
Grateful  
Bowed humbly  
Light shimmering  
Through every cell  
Magically, mystically  
At HOME  
In each moment  
Beaming invitation  
Come share  
In this dance  
Feed on me  
Nourish yourself  
With this Love.

## ALONE

We do not know how alone we are  
 Even when we are painfully aware  
 Of our stuck places and aching hearts  
 And our deep need for release.

We seem to know, seem to understand  
 That something important is amiss  
 Something, that if found  
 Would shatter this life experience irrevocably.

Perhaps that is why we dally  
 Is that the reason we continue to play the game  
 This that we know, although lacking true life  
 Is far better than this unknown that seeks us.

By grace, in spite of the apparent suicidemission,  
 We seek and search, cry and wail, all along  
 Alarmed and concerned that our searching  
 Will avail us naught, leaving us forever unanswered?

If we knew how alone we were  
 When we are wrapped in mind's confines  
 We would embrace God with such passion  
 That all questions would be washed effortlessly away.

But, we do not know how alone we are  
Nor can we, until we drop our boundary-laden walls  
And the surge of welcoming light greets us with awe  
Joyfully stepping away separation's hold.

Then, only then, immersed in Oneness  
Is the depth of our previous aloneness seen  
A true knowing and compassionate awareness  
Rendering heart irreversibly exposed, open in Love.

## BIG RISK~BIG REWARD

Open your hearts  
 Be willing to let it all go  
 Trust in your Divine Purpose  
 Trust that you have one!

Big risk comes with big reward  
 Old habits and programming  
 Will only mire you deeper  
 Making you feel stuck and inept.

Are you ready now  
 For an amazing ride into joy?  
 It is time to say yes  
 Even when your mind says no.

There's work to do done  
 Conscious, collective, at One  
 Surrender the me  
 And find freedom and joy!

## A MILLION TINY PIECES

Falling apart  
Into a million  
Tiny pieces  
This world  
We have known.

Breaking apart  
Cracking open  
Light at long last  
Enters into  
Old selfish habits.

Ripped free  
From weary hands  
All that is not  
Fully Whole  
Dismantled now.

Surfacing smiles  
Long awaited  
Evolutionary leap  
One becomes All  
Blessed inevitability.

## THE ORIGINAL BLUEPRINT

Return at last  
To what you have  
Always been  
Deny yourself  
No more

Are you tired  
Of this game  
Small and unimportant  
Are you ready  
To come Home

Come Home Now  
Acknowledge  
The truth that  
Is always here  
With your choice

Simple choosing seems  
To be an impossibility  
You choose now,  
Only now you  
Choose your mind

Choose instead  
With all the knowing  
That lives within you  
With your open heart  
That cries out loud

Your heart already  
Knows this as truth  
Your heart is ready  
To lead you  
Into your birthright

You were born God  
Have lived as God  
Are living now  
As God  
Can you see this?

This is no game  
No idle play  
This is deadly serious  
To your master  
The selfish ego

Choose now  
Deny yourself  
No More  
Allow yourself to be  
Your original Divine blueprint!

You are love  
You are God  
You are YES  
You are selfless  
You are this Oneness

## DEATH'S DANCE

I give

This body  
To the worms

This breath  
To the wind

This voice  
To the bird song

This blood's red  
To the summer rose

This love that I am  
To this we all are

All of me given  
Nothing reserved

Collision of All  
Into All

## ANGELIC MAJESTY

No need for waiting  
God bends low  
Becoming shifts  
Presence is

Aspirations dispersed  
Desires fallen away  
Convene in joy  
Adoring this dance

Breath of God  
Inspiration stirs  
Each into Purpose  
New age dawns

Bowed ecstatically  
Nothing held back  
Full 'Yes' to Life  
Simply here now

Oh my Heart  
Full at last  
In deep awe  
Of this angelic majesty

## FOCUS on the WHOLE

Shift your focus  
From what you believe you lack  
To the All that you are

Stop.

Shift your focus  
From silly stories of unworthiness  
To the Pure Light you are

Stop.

You are the Wholeness  
In which the parts arise.  
Enough time spent  
In lifetimes of smallness  
Focus on the Whole.

Now.

## LOVE AS WAY

God so made  
The world to Love,  
To experience Love,  
To give Love,  
To teach us Love  
By learning to disappear  
Into the Love  
That is each other.

## COME HOLY ONE!

So blessed to be  
In the presence  
Of God!

At peace at last  
In this adoration  
So pure!

All fingers pointing  
To this Love  
I've chosen.

Sacred remembrance  
Come Holy One  
Heaven awaits!

## HOLY WATER

Light sparkling dew  
God's great amusement  
Simply present  
In deepest service  
To this moment  
Now's bounty  
Goodness blooms

Divinely informed  
Manifestation of  
Innocent glory  
Refracting the Whole  
Drop of Holy water  
One and Oneness  
Covenant fulfilled

## BE YE PERFECT!

Be Ye Perfect  
As your Father  
In Heaven is Perfect

Not even a breath  
Held in reserve  
Safeguard anything  
Heaven's door disappears

All offered on one's knees  
In an instant — beheaded  
Old lies swept into God's lap  
Only light remains

Be Ye Perfect  
As your Father  
In Heaven is perfect

## TAG YOU ARE IT!

Precision filled dance  
 A billion tiny pieces  
 Playing the Child's game  
 Olly olly oxen free

Blown apart into the One  
 Back to the beginning  
 Alpha and Omega  
 Olly olly oxen free

Attending God's good  
 Bright beam within us  
 All-embracing; joyously extended  
 Olly olly oxen free

Breathe in Love  
 Breathe out forgiveness  
 Holiness of Spirit  
 Olly olly oxen free

No groundless lies  
 Just twinkling impulse  
 Nothing but God  
 Tag you are IT!

## DANCE, PLAY, SPIN

Tiny boat drifting loose  
No passenger in sight  
Empty seats awash  
Bathed in Heavenly Light

Mermaid swimming freely  
Inhaling ocean as she swims  
Breathing Life into every cell  
Dance, play, spin

Freed in remembrance  
Wave crashes into sea  
Liquid Love of God  
Adoring, grateful me

# JUST BREATHE

Unite the good  
Birth the new  
A tangle of spirit  
Just breathe

Breathe in the moment  
In all of its glory,  
Joy and admiration  
Just breathe

Breathe in what is  
With all of its sorrow  
Shame and worry  
Just breathe

Breathe in each other  
Hindu, Buddhist, Christian  
Muslim, Atheist and Jew  
Just Breathe

Breathe in the connection  
Man, woman, child  
Friend, enemy and stranger  
Just Breathe

Breathe in the Good  
Breathe in the God Light  
It is all God  
Just God

## CHOOSE THIS

The paper that reveals the ink  
 The sky that cushions the clouds  
 The lakebed that caresses the water  
 The Earthly Mother that cradles us

The candle to the flame  
 The flower to its scent  
 God's canvas of possibility  
 Fully available in each moment

Chosen with unbridled YES  
 Bowed to the Love within each other  
 Mystical, magical, mysterious  
 Present, never absent, so obvious

Hiding in plain sight  
 Jumping up and down  
 Love is your answer  
 Choose THIS, choose THIS

## GOD IN YOU

I see...

God in your words

God in your bones

God in your breath

God in your eyes

God in your skin

God in your smile

God in your tears

God in your hands

God in your walk

God in your laughter

God in your sorrow

God in your joy

God in you

God in me

God in every thing

# CONSUMED

Only LOVE  
 Nothing left but Love  
 This LOVE that I AM  
 Flows freely like blood

Blood of the Lamb  
 This that we Are  
 This grace flows unendingly  
 As we choose Love

All is LOVE  
 Everything, period  
 As I deny no-one  
 Nothing ... not even thought

La il allaha, il allah  
 All is Love  
 All is God  
 Look no further

Truly ...  
 Nothing else exists  
 Leap into this LOVE  
 And the leap itself dissolves

I AM That I AM  
 Consumed by  
 The God within You  
 Living as God within Me.

*Thank you Elle ... oh my*

## ALL GOD

Consider for just a moment that it  
is all GOD.

That nothing besides God exists.

That the stranger we walk by  
is GOD.

That the person we despise  
is GOD.

That our enemy  
is GOD.

That the poor, the imprisoned, the ill  
and those different than us  
are GOD.

That the creek, the trees and the birds  
are God.

That the smallest blade of grass,  
too is God.

Can you love that much?